

## UNITING THE KINGDOM

### 100 Miles Vs £100: Newcastle

To help Brits explore the many wonderful cities the UK has to offer, Travelodge has developed a series of itineraries designed to help 'Unite the Kingdom'. Take our 100 miles v £100 challenge - making it easier to get out and about and explore top UK cities on a budget.

To take the challenge, find a city within 100 miles of your home, book a room at the local Travelodge (£19 per room at a roadside hotel or £29 at a city centre hotel) and spend your change visiting the local attractions.

This low-cost solution opens up the UK's top cities for range of short breaks, it's ideal for:

- Parents looking for ways to keep the kids occupied over the summer
- A romantic break with your partner
- A girls' or boys' weekend break

<p><b>Destination – Newcastle</b> Newcastle is a vibrant city with many world-class, dynamic attractions. Full of history, Newcastle city centre has more listed classical buildings than any other UK city.</p> <p>Newcastle-upon-Tyne is the largest city in the north-east of England. The city centre is walk-able and Newcastle's most popular tourist attractions are all within easy reach of each other.</p>	<p><b>Accommodation: Travelodge Family room</b> (Caters for two adults and two children – under the age of 16 - or three adults)</p> <p><b>Newcastle Central Travelodge</b> <b>Newcastle Seaton Burn Travelodge</b> <b>Newcastle Whitemare Pool Travelodge</b> <b>Gateshead Travelodge</b> <b>Washington A1 – Northbound Travelodge</b></p> <p>Book at <a href="http://www.travelodge.co.uk">www.travelodge.co.uk</a> Rooms from £29 must be booked online, at least seven days in advance. Payment is pre-pay and non-refundable</p>
<p><b>Cities and towns within 100 miles of Newcastle</b></p>	<p>Leeds, Middlesbrough, York, Carlisle, Scarborough, Dumfries, Harrogate</p>

## Itinerary – Day One

Activity	Information	Cost
Arrive Newcastle	Arrive early to make the most of day one	Drive or get a supersaver train or coach ticket
Morning	Take a River Tyne boat tour along the Quayside to the sea , and see all of the sights in Newcastle. <a href="http://www.riverescapes.co.uk">www.riverescapes.co.uk</a> Tel: 01670 785777	Adults: £12.00 Children £7.00 Family Ticket £31.00
Lunch	Stop for lunch at one of the many café bars and restaurants in the city centre. There is something to suit all tastes and budget	
Afternoon	Some suggestions for the afternoon:  Option one: Retail Therapy. Newcastle is home to some of the largest shopping centres in the whole of Europe, featuring many popular high-street brands, major department stores and independent Newcastle shops. MetroCentre in Gateshead and Eldon Square in Newcastle are two of the most popular shopping centres. <a href="http://www.metrocentre-gateshead.co.uk/">http://www.metrocentre-gateshead.co.uk/</a>  Visit the traditional Northumbrian farmers market in Newcastle-Upon-Tyne which is held the first Friday of every month along Grainger Street, 9.30-2.30pm W: <a href="http://www.northumberlandfarmersmarkets.org.uk/thismonth.html">http://www.northumberlandfarmersmarkets.org.uk/thismonth.html</a> T:0191 211 5533  Option two: Visit the Life Science Centre. Experience fantastic shows where you can travel back in time to meet your ancestors, take a seat on the world's longest motion simulator ride and solve the murder mystery using your detective powers. A big hit with families and visitors of all ages. <a href="http://www.life.org.uk/">http://www.life.org.uk/</a>  Option three: Jesmond Dene Nature park and Pets Corner. They have restaurant on site but you can bring your own picnic from home or purchases from the market, as there is a segregated picnic area. Boating, and sports facilities available. Open daily from 10am- 5pm. Tel: 0191 281 0973 <a href="http://www.jesmondene.org.uk">www.jesmondene.org.uk</a>	Free  Family Ticket £19.95  Free
Late afternoon	Back to the Travelodge to freshen up	
Evening	In recent years, Newcastle has seen one of the fastest growing restaurant scenes in the UK. It now offers an enormous selection of eateries ranging from the basic snack bars, wine bars, coffee shops, public houses, to high-class restaurants and exclusive gourmet bistros.  After dinner, you could catch a show at The Journal Tyne Theatre – the world's oldest working Victorian theatre – tickets from £12.00. Go for a drink in one of the trendy bars within the city centre. To hear the hottest live music in Newcastle visit Jumpin Hot Club – call 0191 230 4474 for latest listings. <a href="http://www.thejournaltynetheatre.co.uk/home/index.cfm">http://www.thejournaltynetheatre.co.uk/home/index.cfm</a> <a href="http://www.jumpinhot.com/">http://www.jumpinhot.com/</a>	Tickets from £12

## Itinerary Day Two

Morning/Lunch	<p>Start by visiting the Stephenson Railway Museum, with lots of activities and train rides for children. History for adults. Open 11am-4pm.  <a href="http://www.twmuseums.org.uk/stephenson/">http://www.twmuseums.org.uk/stephenson/</a></p> <p>Visit Bede's World, anglo saxon demonstrations, recreated old buildings and village living, Farm animals and activities, as well as gardens and the church for adults. Open 7 days a week.  <a href="http://www.bedesworld.co.uk">www.bedesworld.co.uk</a></p> <p>Alternatively, visit Seven Stories, the Centre for children's books. It is a fantastic seven-storey converted mill which is the national centre celebrating children's literature. As well as exhibition and performance spaces, there is a cafe - with crazy, book-themed food - and a massive bookshop. It's a fun spot to stop for lunch.  <a href="http://www.sevenstories.org.uk/home/index.php">http://www.sevenstories.org.uk/home/index.php</a></p>	<p>Free</p> <p>Family Ticket £10.00</p> <p>Family ticket £15.00</p>
Afternoon	<p>Visit the Angel of the North, the largest sculpture in Britain standing 65 feet high.  <a href="http://www.ukattraction.com/northumbria/angel-of-north.htm">http://www.ukattraction.com/northumbria/angel-of-north.htm</a></p> <p>Wander around the Quayside and look out for the interesting public art. Walk across the award-winning Gateshead Millennium Bridge (at night the bridge is lit and is particularly spectacular on weekend nights with coloured lighting) to Baltic Square to view contemporary art.</p> <p><a href="http://www.gateshead.gov.uk/Leisure%20and%20Culture/bridge/Background.aspx">http://www.gateshead.gov.uk/Leisure%20and%20Culture/bridge/Background.aspx</a></p>	<p>Free</p> <p>Free</p>

### Total cost: based upon a family visit

Accommodation (Travelodge from £29 per room, per night)

Boat Tour £31.00

Bede's World £10.00

Theatre £24.00 for two adults

**Total: £93.00**

(Family ticket based upon a family of two adults and two children)