

## UNITING THE KINGDOM

### 100 miles Vs £100 Challenge: Birmingham

To help Brits explore the many wonderful cities the UK has to offer, Travelodge has developed a series of itineraries designed to help 'Unite the Kingdom'. Take our 100 miles v £100 challenge - making it easier to get out and about and explore top UK cities on a budget.

To take the challenge, find a city within 100 miles of your home, book a room at the local Travelodge (£19 per room at a roadside hotel or £29 at a city centre hotel) and spend your change visiting the local attractions.

This low-cost solution opens up the UK's top cities for range of short breaks, it's ideal for:

- Parents looking for ways to keep the kids occupied over the summer
- A romantic break with your partner
- A girls' or boys' weekend break

<p><b>Destination – Nottingham</b></p> <p>From the poet Lord Byron to designer Paul Smith, Nottinghamshire has always taken a centre stage for creativity. Set within a county of outstanding natural beauty that includes Sherwood Forest, it's a lively market town and wonderful historic buildings. It's also home to the world's best-loved outlaw, Robin Hood.</p>	<p><b>Accommodation: Travelodge Family room</b> (Caters for two adults and two children – under the age of 16 - or three adults)</p> <p><b>Nottingham Central Travelodge</b> <b>Nottingham Riverside Travelodge</b> <b>Nottingham Trowell</b> <b>Nottingham EM Airport – Donington park</b></p> <p>Book at (<a href="http://www.travelodge.co.uk">www.travelodge.co.uk</a>) Rooms from £29 must be booked online, at least seven days in advance. Payment is pre-pay and non-refundable.</p>
<p><b>Cities and towns within 100 miles of Nottingham</b></p>	<p>Leicester, Peterborough, Stoke-on-Trent-Lincoln, Sheffield, Leeds, Birmingham, Manchester, Cambridge, Scunthorpe, Northampton, Milton Keynes, Luton and Leighton Buzzard.</p>

#### Itinerary – Day One:

Activity	Information	Cost
Arrive Nottingham	Arrive early to make the most of day one	Drive or get a Supersaver train or coach ticket
Morning	<p>Start the morning by visiting Nottingham Castle. Built by William the Conqueror's son after the Norman invasion, the first incarnation of the castle was built in 1068. It's the legendary home to the Sheriff of Nottingham – Robin Hood's mortal enemy.  <a href="http://www.nottinghamcity.gov.uk">http://www.nottinghamcity.gov.uk</a></p> <p>After the castle visit the City Of Caves. Nottingham city centre was once known as "Tiggua Cobaucc" – which means 'Place of Caves'. You can experience the caves under the city centre and descend into the dark depths of the original Anglo-Saxon tunnels, meeting real cave-dwellers from the dramatic past.  <a href="http://www.cityofcaves.com/">http://www.cityofcaves.com/</a></p>	<p>Family ticket £8.00</p> <p>Family ticket £8.00</p>
Lunch	Nottingham city centre has a range of restaurants, bars, cafes and take-aways to suit all tastes and budget	
Afternoon	<p>Retail addicts are spoilt for choice in Nottingham city centre. As one of the top five UK shopping cities, there is something for everyone from designer boutiques to market stalls and the shops are all within walking distance.</p> <p>Visit the indoor shopping centres in Nottingham's centre. Start at The Victoria Centre for all major high street brands then work your way to Bridlesmith Gate and Low Market for the high-end fashion retailers such as Hugo Boss and Kurt Geiger.</p>	
Late afternoon	Back to Travelodge to freshen up for evening	
Evening	<p>Start your evening with a Guts &amp; Gore Tour - true Victorian tales of murder, execution and grave robbing that took place in the historic Lace Market.  <a href="http://www.bone-corporation.co.uk/guts.htm">http://www.bone-corporation.co.uk/guts.htm</a></p> <p>With more pubs and bars in one square mile than any other European city, Nottingham has something to suit everyone:</p> <p>Castle Wharf is a recent development. Warehouses have been converted into contemporary bars and restaurants with pleasant waterside terraces.  <a href="http://www.castle-wharf.co.uk/default.asp">http://www.castle-wharf.co.uk/default.asp</a></p> <p>Hockley and the Lace Market offer stylish independent bars down old-style cobbled streets.  <a href="http://nottingham.openguides.org/?Locale=Lace+Market">http://nottingham.openguides.org/?Locale=Lace Market</a></p> <p>Enjoy an evening meal at Nottingham's top restaurant – Hart's. Set in a handsome contemporary building on the site of the ramparts of Nottingham's famous medieval castle, it's just five minutes to the city centre. Hart's was voted as Nottingham's highest rated restaurant in the Good Food Guide 2004 and winner of Restaurant of the Year at the 2006 Nottingham Restaurant awards  <a href="http://www.hartsnottingham.co.uk/">http://www.hartsnottingham.co.uk/</a></p> <p>In the Old Market Square, you'll find all the big chain pubs and late-night party bars.  <a href="http://www.nottinghamcity.gov.uk/sitemap/cd_reg_int-old_market_square">http://www.nottinghamcity.gov.uk/sitemap/cd_reg_int-old_market_square</a></p>	<p>£5.00 Adults £3.00 Children</p>

### Itinerary Day Two:

Full day	Spend the day in the most famous forest in the world Sherwood Forest – home of Robin Hood. Within this area lies a tapestry of woodland, farmland and ancient heath. There is a range of activities available for all ages - Take a picnic and make a day of it. <a href="http://www.sherwoodforest.org.uk/">http://www.sherwoodforest.org.uk/</a>	You only pay for car-parking £3.00
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**Total cost:**

Accommodation (Travelodge Hotel from £29)

Nottingham Castle £8.00

City of Caves £8.00

Guts & Gore tour - £16.00

Sherwood Forest car-parking £3.00

**Total = £64.00** (Family ticket based upon a family of two adults and two children).