

**Travelodge Bar Café - Dinner Menu - Allergy Chart - Version 28 - March 2017**

Menu Item	Contains .....														Suitable For...			
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Kosher	Halal
<b>STARTERS AND SHARERS</b>																		
Prep Premium Griddle Spray (Used to spray before cooking)															Yes	Yes	Yes	No
Creamy Garlic Mushrooms		√					√			√	√	√			Yes	No	No	No
*served with Garlic Bread		√					√								Yes	No	No	No
*served with Seasonal Salad Mix															Yes	Yes	No	No
Garlic Bread		√					√								Yes	No	No	No
Garlic Bread with Cheese		√					√								Yes	No	No	No
Broccoli and Stilton Soup							√							√	Yes	No	No	No
*served with Baguette		√					√					√			Yes	No	No	Yes
Southern Fried Chicken Goujons	√	√					√		√						No	No	No	Yes
*served with Lemon and Herb Sauce															Yes	Yes	No	No
*served with Seasonal Salad Mix															Yes	Yes	No	No
Cheese and Spring Onion Jackets							√								Yes	No	No	No
*served with Coleslaw				√			√		√						Yes	No	No	No
*served with Seasonal Salad Mix															Yes	Yes	No	No
Chicken Wings															No	No	No	No
*served with Lemon and Herb Sauce															Yes	Yes	No	No
*served with Tabasco Sweet Chipotle and Cola Sauce															Yes	Yes	No	No
*served with Heinz Peri Peri Sauce															Yes	No	No	No

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*served with Tabasco Fruity and Fiery Habanero Sauce															Yes	Yes	No	No
*served with Ranch Sauce							√								Yes	No	No	No
*served with Seasonal Salad Mix															Yes	Yes	No	No
Spicy Chipotle Prawns		√	√			√							√		No	No	No	No
*served with Ranch Sauce							√								Yes	No	No	No
*served with Seasonal Salad Mix															Yes	Yes	No	No
Tortilla Chips															Yes	Yes	No	No
*served with Cheese							√								Yes	No	No	No
*served with Guacamole							√			√	√	√			Yes	No	No	No
*served with Sour Cream		√					√			√	√	√			Yes	No	No	No
*served with Salsa										√	√	√			Yes	Yes	No	No
*served with Jalapenos															Yes	Yes	No	No
Chilli (Chilli Nachos)	√	√					√			√	√	√			No	No	No	No
Pulled Pork (Pulled Pork Nachos)															No	No	No	No
Sharing Chicken Wings - As Listed Above																		
Sauces - As Listed Above																		
<b>MAINS</b>																		
Prep Premium Griddle Spray															Yes	Yes	Yes	No
Battered Fish		√			√		√		√						No	No	No	No
*served with Chips		√													Yes	No	Yes	No
*served with Peas															Yes	Yes	No	No

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*served with Tartare Sauce				√					√						Yes	No	No	No
*served with White Bread		√										√	√		Yes	No	No	No
*served with Brown Bread		√													Yes	No	No	No
*served with Butter							√								Yes	No	No	No
Piri Piri Half Roast Chicken - Chicken															No	No	No	No
*served with Lemon and Herb Sauce															Yes	Yes	No	No
*served with Tabasco Sweet Chipotle and Cola Sauce															Yes	Yes	No	No
*served with Heinz Peri Peri Sauce															Yes	No	No	No
*served with Tabasco Fruity and Fiery Habanero Sauce															Yes	Yes	No	No
*served with Coleslaw				√			√		√						Yes	No	No	No
*served with Chips		√													Yes	No	Yes	No
Steak and Stout Pie	√	√		√			√		√	√		√			No	No	No	No
*Butter in Mashed Potato							√								Yes	No	No	No
*served with Chips		√													Yes	No	Yes	No
*served with Peas															Yes	Yes	No	No
*with TSC Foods Vegetarian Onion Gravy (76310)		√					√			√	√		√		Yes	No	No	No
*with BD Vegetarian Onion Gravy (74520)	√														Yes	Yes	No	No
*served with Gravy		√					√		√	√	√				No	No	No	No
Cumberland Sausage		√													No	No	No	No
Vegetarian Sausage		√										√	√		Yes	Yes	No	No
*Butter in Mashed Potato							√								Yes	No	No	No

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	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Kosher	Halal
*with TSC Foods Vegetarian Onion Gravy (76310)		√					√				√	√		√	Yes	No	No	No
*with BD Vegetarian Onion Gravy (74520)	√														Yes	Yes	No	No
*served with Gravy		√					√			√	√	√			No	No	No	No
*served with Peas															Yes	Yes	No	No
Beef Lasagne	√	√	√	√	√		√	√	√	√		√	√	√	No	No	No	No
Vegetable Lasagne	√	√		√			√								Yes	No	No	No
*served with Garlic Bread		√					√								Yes	No	No	No
*served with Seasonal Salad Mix															Yes	Yes	No	No
Chicken Tikka Masala							√								No	No	No	No
*served with White Rice															Yes	Yes	No	No
*served with Naan Bread	√	√					√								Yes	No	No	No
Chicken Biryani		√					√						√		No	No	No	No
*served with White Rice															Yes	Yes	No	No
*served with Naan Bread	√	√					√								Yes	No	No	No
Tandoori Vegetable Masala							√								Yes	No	No	No
*served with White Rice															Yes	Yes	No	No
*served with Naan Bread	√	√					√								Yes	No	No	No
Yellow Thai Curry		√					√						√		Yes	No	No	No
*served with White Rice															Yes	Yes	No	No
*served with Naan Bread	√	√					√								Yes	No	No	No

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Jacket Potato															Yes	Yes	No	No
*served with Chilli	√	√					√			√	√	√			No	No	No	No
*served with Sour Cream															Yes	No	No	No
*served with Cheese							√								Yes	No	No	No
*served with Beans															Yes	Yes	No	No
*served with Coleslaw				√			√		√						Yes	No	No	No
*served with Tuna Mayonnaise				√	√		√		√						No	No	No	No
Chicken Breast (Salad and Simply Chicken)															No	No	No	No
Jacket Potato (Simply Chicken)															Yes	Yes	No	No
*served with Lemon and Herb Sauce															Yes	Yes	No	No
*served with Seasonal Salad Mix															Yes	Yes	No	No
*served with Bacon															No	No	No	No
Tuna (Salad)					√										No	No	No	No
*served with Light Mayonnaise				√			√		√						Yes	No	No	No
*served with Seasonal Salad Mix															Yes	Yes	No	No
Sauces & Sides - As Listed Above																		
Onion Rings		√													Yes	Yes	No	No
Buttered Mushrooms							√								Yes	No	No	No
<b>BURGERS &amp; PIZZAS</b>																		
Prep Premium Griddle Spray															Yes	Yes	Yes	No
All Burgers *served with Chips		√													Yes	No	Yes	No
All Burgers *served with Coleslaw				√			√		√						Yes	No	No	No
All Burgers *served with Brioche Burger Bun		√		√			√					√			Yes	No	No	Yes

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Flame Grilled Quarter Pounder Burger		√		√								√	√		No	No	No	No
Chicken Fillet															No	No	No	No
Southern Fried Chicken Goujons	√	√					√		√						No	No	No	Yes
Falafel Burger with Spinach		√													Yes	Yes	No	No
*served with Bacon															No	No	No	No
*served with Cheese							√								Yes	No	No	No
*served with Jalapenos															Yes	Yes	No	No
*served with Light Mayonnaise				√			√		√						Yes	No	No	No
*served with Onion Rings		√													Yes	Yes	No	No
*served with Chilli	√	√					√			√	√	√			No	No	No	No
*served with Pulled Pork															No	No	No	No
Chicago Town Buffalo Chicken Pizza		√					√								No	No	No	No
Chicago Town Cheese Pizza		√					√								Yes	No	No	No
Chicago Town Pepperoni Pizza		√					√								No	No	No	No
Chicago Town Beef Brisket Pizza		√					√								No	No	No	No
Chicago Town Chicken and Bacon Pizza		√					√						√		No	No	No	No
Garlic Bread		√					√								Yes	No	No	No
Garlic Bread with Cheese		√					√								Yes	No	No	No
All Sides as Already Listed Above																		
<b>DESSERTS</b>																		
Ice Cream (Sundaes)							√			√					Yes	No	No	No
*served with Fudge Cake pieces		√		√			√			√	√		√		Yes	No	No	No

*served with Chocolate Sauce		√		√			√						√	√	Yes	Yes	No	No
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Menu Item	Contains .....													Suitable For...				
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegetarians	Vegans	Kosher	Halal
*served with Cream						√									Yes	No	No	No
*served with Wafers		√				√						√			Yes	No	No	No
*served with Munchies		√				√									Yes	No	No	No
*served with Strawberry Sauce						√									Yes	Yes	No	No
*served with Fruit Salad															Yes	Yes	No	No
Apple Crumble Pie		√				√			√						Yes	No	No	No
*served with Ice Cream						√			√						Yes	No	No	No
*served with Custard						√									Yes	No	No	No
*served with Cream						√									Yes	No	No	No
Fudge Cake		√		√		√			√	√		√			Yes	No	No	No
*served with Ice Cream						√			√						Yes	No	No	No
*served with Cream						√									Yes	No	No	No
Daim Bar Cake				√		√			√	√		√			No	No	No	No
*served with Ice Cream						√			√						Yes	No	No	No
*served with Cream						√									Yes	No	No	No
Sticky Toffee Pudding		√		√		√						√			Yes	No	No	No
*served with Custard						√									Yes	No	No	No
*served with Ice Cream						√			√						Yes	No	No	No
*served with Cream						√									Yes	No	No	No
Fruit Salad															Yes	Yes	No	No
Ice Cream						√			√						Yes	No	No	No
*served with Chocolate Sauce		√		√		√						√	√	Yes	Yes	No	No	

*served with Strawberry Sauce							√								Yes	Yes	No	No
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Oreo Cookie Bash Ice Cream Cake		√		√			√			√			√		Yes	No	No	No
<b>CHILDRENS MENU - STARTERS &amp; MAINS</b>																		
Prep Premium Griddle Spray															Yes	Yes	Yes	No
Garlic Bread		√					√								Yes	No	No	No
Tortilla Chips															Yes	Yes	No	No
*served with Guacamole							√			√	√	√			Yes	No	No	No
*served with Cheese							√								Yes	No	No	No
*served with Sour Cream		√					√			√	√	√			Yes	No	No	No
*served with Salsa										√	√	√			Yes	Yes	No	No
Birds Eye Chicken Dippers	√	√		√			√								No	No	No	No
*served with Peas															Yes	Yes	No	No
*served with Chips		√													Yes	No	Yes	No
*served with Beans															Yes	Yes	No	No
Cumberland Sausage		√													No	No	No	No
Vegetarian Sausage		√											√	√	Yes	Yes	No	No
*served with Mashed Potato							√								Yes	No	No	No
*Butter in Mashed Potato							√								Yes	No	No	No
*served with Peas															Yes	Yes	No	No
*with TSC Foods Vegetarian Onion Gravy (76310)		√					√				√	√		√	Yes	No	No	No
*with BD Vegetarian Onion Gravy (74520)	√														Yes	Yes	No	No
*served with Gravy		√					√			√	√	√			No	No	No	No
*served with Beans															Yes	Yes	No	No
Mini Margherita Pizza	√	√		√	√		√	√	√	√		√	√		No	No	No	No

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Kid's Spaghetti Bolognese		√		√											No	No	No	No
Birds Eye Fish Fingers		√			√										No	No	No	No
*served with Peas															Yes	Yes	No	No
*served with Chips		√													Yes	No	Yes	No
*served with Beans															Yes	Yes	No	No
<b>'CHILDRENS MENU - DESSERTS</b>																		
Ice Cream							√			√					Yes	No	No	No
*served with Cadburys Buttons							√								No	No	No	No
*served with Mini Jellies		√													No	No	No	No
*served with Strawberry Sauce							√								Yes	Yes	No	No
Fruit Salad															Yes	Yes	No	No
*served with Ice Cream							√			√					Yes	No	No	No
Ice Cream							√			√					Yes	No	No	No
*served with Strawberry Sauce							√								Yes	Yes	No	No
*served with Chocolate Sauce		√		√			√						√	√	Yes	Yes	No	No
Yeo Valley Strawberry Yoghurt							√								Yes	No	No	No
<b>CONDIMENTS</b>																		
Salt															Yes	Yes	No	No
Pepper															Yes	Yes	No	No
Heinz Mayonnaise Sachet				√					√						No	No	No	No
Heinz Brown Sauce Sachet		√													Yes	Yes	No	No
Heinz Tomato Ketchup Sachet	√														Yes	Yes	No	No
Heinz Malt Vinegar		√													Yes	No	No	No