

## UNITING THE KINGDOM

### 100 miles Vs £100 Challenge: Milton Keynes

To help Brits explore the many wonderful cities the UK has to offer, Travelodge has developed a series of itineraries designed to help 'Unite the Kingdom'. Take our 100 miles v £100 challenge - making it easier to get out and about and explore top UK cities on a budget.

To take the challenge, find a city within 100 miles of your home, book a room at the local Travelodge (£19 per room at a roadside hotel or £29 at a city centre hotel) and spend your change visiting the local attractions.

This low-cost solution opens up the UK's top cities for range of short breaks, it's ideal for:

- Parents looking for ways to keep the kids occupied over the summer
- A romantic break with your partner
- A girls' or boys' weekend break

<p><b>Destination – Milton Keynes</b></p> <p>Milton Keynes is a purpose-built, high-technology 'new city' in South East England. It's also the UK's fastest growing city.</p> <p>It is located about 45 miles north west of London and approximately mid-way between Oxford and Cambridge.</p>	<p><b>Accommodation: Travelodge family room</b> (Caters for two adults and two children – under the age of 16 - or three adults)</p> <p><b>Milton Keynes Central Travelodge Milton Keynes Old Stratford</b></p> <p>Book at (<a href="http://www.travelodge.co.uk">www.travelodge.co.uk</a>) Rooms from £29 must be booked online, at least seven days in advance. Payment is pre-pay and non-refundable.</p>
<p><b>Cities and towns within 100 miles of Milton Keynes</b></p>	<p>Birmingham, Wolverhampton, Nottingham, Oxford, Cambridge, Leicester, Gloucester, Reading, Cheltenham, Peterborough and Warwick.</p>

## Itinerary – Day One

Activity	Information	Cost
Arrive at Milton Keynes	Arrive early to make the most of day one	Drive or get a Supersaver train or coach ticket.
Morning	Start the day at the Milton Keynes Art Gallery. The city's successful and imposing gallery presents 6 - 8 exhibitions of contemporary and modern art a year.	Free entry
Mid Morning Campbell Park	Take a lovely walk through Campbell Park and view the stunning public art. Your journey will lead you to the MK shopping centre.	Free
Lunch	Milton Keynes shopping centre offers a range of eateries and cafes to suit all budgets.	
Afternoon	<p>The Centre: MK is one of the UK's top five shopping centres, and one of the longest under-cover shopping areas in Europe.</p> <p>There are over 230 shops from large national stores to smaller specialist shops. On the southern side of the building there is an open market on Tuesdays, Fridays and Saturdays, and an antiques and bric-a-brac market on Thursdays.</p> <p>The Centre: MK also offers a crèche facility for children.</p>	
Late afternoon	Back to the Travelodge to freshen up for evening	
Evening	<p>There are over 350 restaurants to choose from for dinner at in Milton Keynes.</p> <p>Visit Xscape, a prime entertainment destination, combining Europe's largest indoor 'real snow' ski slope, an indoor rock climbing wall, 16 screen cinema multiplex, and family entertainment centre which includes ten pin bowling bars, restaurants and cafes.</p>	<p>Snow-Slope family ticket £48 for one hour.</p> <p>Bowling adult £3.50 and children £3.25 plus £1.00 shoe hire.</p>

## Itinerary Day Two

Morning	<p>Start the day by visiting the Concrete Cows - One of Milton Keynes "must see" sights.</p> <p>Close by to the concrete cows is the Roman Villa at Bancroft – see the preserved remains of a real-life Roman villa.</p> <p>The plan of the villa is set out with low brick walls. The on-site interpretation boards explain Roman life and what each of the rooms were used for.</p>	<p>Free entry</p> <p>Free entry</p>
Lunch	<p>Relax and take a picnic and sit along side the Grand Union Canal or stop for lunch at one of the lovely canal-side pubs with a beer garden.</p>	
Afternoon	<p>Visit Willen Lakeside Park for a gentle stroll around the lake. Participate in water sports or sit and watch the cable tow water skiers.</p> <p>There's lots of fun and free activities to do with the family: Feed the ducks or use the bird hide and view the varied bird life on the lake.</p> <p>Have a walk around the maze and see who can find the exit first!</p> <p>Visit the Peace Pagoda, built by monks and nuns of Myohoji surrounded by an ornate Japanese garden. This was the first Peace Pagoda to be built in the western hemisphere.</p>	<p>Free</p>

### Total cost:

Accommodation (Travelodge Hotel from £29)

Snow slope £48.00 (family ticket)

Bowling £17.50 (Two adults and two children)

**Total £94.50**

(Family ticket based upon a family of two adults and two children)